

**ENHANCEMENT OF SELF-ESTEEM AND AFFECT THROUGH CHANGES
OF PERCEPTION IN SPINAL CORD INJURED PATIENTS: A
CONSIDERATION OF KEY VARIABLES**

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ABSTRACT:

This paper reviews key variables in a study in progress. The study considers the psychological adjustment of spinal cord injured people. It involves patients with paraplegia and partial tetraplegia who, following residential rehabilitation, are out-patients at the Austin and Repatriation Hospital in Melbourne, Australia. Horse riding is used as the intervention. It is expected that the study will continue over the next 3 years. The results relating to each variable and the patterns of variables will be reported and discussed in the light of the work that has gone before.