INTRODUCTION

In order to conduct an objective assessment of the effects of Therapeutic Riding (TR) in subjects (S) affected by Neuromotor Disorders we propose 3 evaluation tools:

1) administration of a scientific protocol for a quantitative assessment of the effects on horseback and on the ground of TR;

2) definition of “TR time.” This is the time required to stabilize the positive effects obtained by an activity on horseback (“TR time on horseback”) and on the ground (“TR time on the ground”); it is used to define the useful duration of TR;

3) assessment of the “Ground/Horseback effect ratio” (Index G/H) in order to establish “the maintenance index on the ground” because the real target of TR, as of any rehabilitation, is the long-term maintenance of the positive effect observed in the health-care setting.