

Therapeutic horseback riding: An example of use for an adolescent girl with head injury.

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Abstract:

Objectives:

To report an example of the use of therapeutic horseback riding, concerning a 16 year old girl with traumatic brain injury, five years after an accident. The patient has physical and neuropsychological deficits.

Method and results:

We define the specific goals according to medical and social check-ups. Not all the evaluated fields have progressed. But the usual physiotherapy exercises begin to have meaning and therefore, can be applied more satisfactorily. The protocol of the sessions and the evolution scale are adjusted to the patient.

Conclusion:

In the Institute, therapeutic riding appears to be an interesting alternative of teamwork and could be part of the "personalised project".