ARTICLE FOUR

TRANSDISCIPLINARITY: A NEW PARADIGM IN THERAPEUTIC RIDING

AMAURI SOLON RIBEIRO, PH.D., Rio de Janeiro, Brazil
Diversity is my name
I came from
Mother Earth's womb

I am different
Special
Invisible hands wove my nest
Beams of light
Chords of sounds
Waves of colors
Gave birth to me

My eyes were not fit for the regular
Ways of seeing
Yet they could see deeper
My legs were not fit for the regular
Ways of walking
Yet they could carry me farther
My ways were clumsy

Father Man
Let me down
Ugly caterpillar he called me

Different and special I was
Like a princess come from nowhere
The subtleties of the universe
My companions were
When I transmuted

I unfolded my wings of unviable worm
Broke away from
My imprisoning cocoon
Crowned Lady Di
Under Bachian chords
I was

My wings now blue
My ways now divine
My dreams now fulfilled
My complete self now in me
Set me to outer space
Flying
Free
Transdisciplinarity is the subject of my presentation. This poetic prologue deals with diversity, the background of our therapeutic work. And pays two tributes: to Lady Di and to Vincent Van Gogh. Metamorphosis, transformation and freedom are also present in it.

How do we deal with diversity in our work, with differences, with transformation and with freedom? Transdisciplinarity is the proposition, the new paradigm.

How to tackle diversity in our work, within our teams, is a challenge to all professionals who work with therapeutic riding. And we do so in a way strongly marked by traditional Cartesian paradigm.