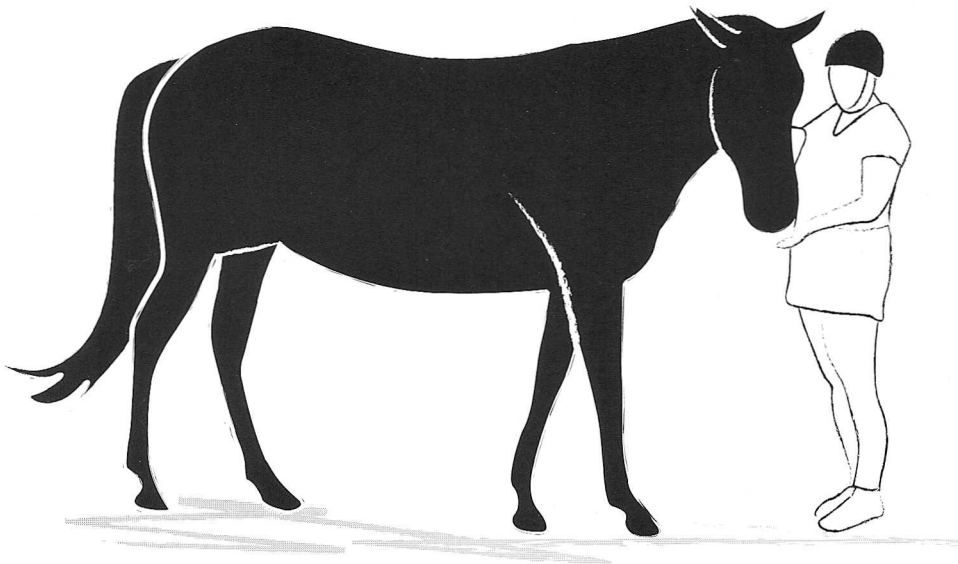


ARTICLE FIVE

CAN PSYCHIATRIC RIDING THERAPY INCREASE THE EFFECTIVENESS OF TREATMENT OF DEPRESSION?

A RIDING THERAPY STUDY IN PALONIEMI HOSPITAL

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Paloniemi Hospital belongs to the Hospital district of Helsinki and Uusimaa and is the psychiatric in-patient unit in Lohja area. The hospital has run its own riding therapy unit since year 1997. Even before that riding therapy was carried out in a smaller scale from the year 1993 on. At the moment there are three trained riding therapists and four horses working in the therapy unit. The unit serves both psychiatric out and in-patients.