

## **ARTICLE TWO**

# **The EAGALA Model of Equine Assisted Psychotherapy and Learning**

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### **ABSTRACT**

The Equine Assisted Growth and Learning Association (EAGALA), established twelve years ago has a unique approach to equine assisted psychotherapy and learning which is based firmly on sound professional principles in horsemanship, psychotherapy and pedagogy. This paper outlines the development and basis of the EAGALA model, and also provides practical examples of its application in practice.