## HETI Membership Directory



## 2015/16

ISBN 978-0-9973368-0-1

## THE FEDERATION OF HORSES IN EDUCATION AND THERAPY INTERNATIONAL A.I.S.B.L

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## Letter from the President

Dear HETI members,

I invite you to explore the content of this Membership Directory. For me it is always interesting to see who our members are all around the world and what they do in the field of EAA/EAT.

Inside this directory there you'll get a glimpse of the wonderful cultural characteristics of every association. I find it very interesting reading and I hope you do too. It is like a trip around the world, seeing pictures and reading about the activities and educational offerings given in different countries. Learning about them gives one a perspective on one's own work and could perhaps inspire you to do something new in your own organisation!

The common denominator here is of course the horses which play the leading role in our work, in addition to your work with people with special needs. The superb quality of your work, both with clients and in your organisations, and your ongoing commitment, can be read "between the lines" in the descriptions contained inside this book. I'm proud of your work!

The Executive Board elected in Taiwan in the XV International Congress has been meeting via Skype and using documents in "the cloud." EC members living in different time zones have now a reasonable opportunity to work on a task in their own time. We have made a strategic plan for 2015-2018, which is an important task; we are outlining ethical principles for horse use, stabling and equine welfare in therapy which I hope you all can agree upon when they are published.

At this time I have the opportunity to announce the awarding of HETI level I education certificates in Greece, Taiwan and Japan. Congratulations to you! You can contact Gisela in the office to obtain more information on this valuable program.

There is strength in unity. I'm honoured to serve as your president,

Sanna Mattila-Rautiainen,

President, HETI





## Letter from the Executive Director

Dear HETI Members:

I am happy to write you again on the occasion of the publication of our 2015-2016 HETI Membership Directory. I think of this as a portrait of our organization that consists of 247 members in 48 countries.

This book is a resource for you to use and to refer to often. I hope you will use it, and even more importantly, share it with others. It is not only a

snapshot of HETI, but a means of connection with others, which is the only way HETI can thrive and grow.

It has been a fruitful and productive year for HETI with many positive and exciting developments coming on the heels of the XV International Congress in June which was superbly produced by the Taiwan organizing Committee chaired by Uta Rindfleisch, the Department of Sports Management of Aletheia University, and the members of the two local Federation members, the Chinese Taipei Equestrian Association and Qi Zhi Vocational Training Centre. At the Congress we elected a new president, Sanna Mattila Rautiainen, as well as an energetic and inspired Executive Board.

Our revamped membership structure has yielded many new members. We are very pleased to welcome new Federation members from the Czech Republic, Ireland and Wales as well as new Associate, Business and Institute members. The result of this is a more diverse and varied membership roster that strives to offer value to every type of constituent. Our newsletter, website and our peer-reviewed Scientific and Educational Journal of Therapeutic Riding remain major sources of information for our members and those who are interested in equine assisted activities. I encourage you to submit scientific papers to our editors for review at editorial@hetifederation.org and for the newsletter at office@hetifederation.org.

We look forward with excitement to our next Congress, two years hence, to be held in Ireland under the capable leadership of Jill Carey and Festina Lente. Thanks to so many of you who keep me informed during the year. Your thoughts, comments and dreams are always welcome. Please stay in touch with me via email, the phone and of course our Facebook page.

With best wishes,

Gisela H. Rhodes, Executive Director/ Secretary, HETI

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- Support our members in spreading cutting edge research results through Newsletters, Publications and International Congresses.
- Help us promote the field of Equine Assisted Activities through literature, lectures and hands-on workshops.
- Support humane horsemanship methods to ensure that our partner, the equine, benefits and enjoys activities just as much as the humans.

Of course, contributions in any amount are appreciated. Interested? Please contact Gisela Rhodes at office@HETIfederation.org. Sponsorship benefits include:

#### PLATINUM SPONSOR: \$25,000 AND UP

An all-expenses-covered invitation to an International Congress Invitation to meet the President and the Executive Committee of HETI and attend all functions as the special guest of the President Plus, all lower tier benefits

#### BRONZE SPONSOR: \$200 - \$999

Listing in HETI's Annual Membership Directory Listing in frequent e-newsletter Logo and link on HETI's website

#### GOLD SPONSOR: \$10,000 - \$24,999

Invitation to visit a HETI member program in the country of your choice Attend a personal tour of the program Plus, all lower tier benefits

#### SILVER SPONSOR: \$1,000 - \$9,999

Establish a special scholarship fund in your name Display your logo at the HETI booth during the International Congress Plus, all lower tier benefits

## HETI Level I Instructor and Certification Program

The Horses in Education and Therapy International (HETI) Level I Instructor Training and Certification Program provides the basic educational back-ground to facilitate the certification of instructors who will be able to provide knowledgeable, progressive and safe equine experiences for students who are physically, cognitively, or emotionally disabled. HETI Level I Instructor and Certification Program

Level I Instructor Training and Certification is comprised of three phases. Phases I and II include theoretical and practical learning in the areas of:

- design and management of the riding program
- building the team
- the horse
- definition of physical, cognitive and emotional disabilities
- developmental and postural responses
- tack and adaptive equipment
- horse handling
- equine gait analysis
- developing your eye
- horse and rider working together
- selection and training of mounts
- methods of knowledge transfer
- therapeutic riding techniques
- mounting and dismounting techniques
- use of volunteers and assistant instructors
- goal setting, lesson planning
- hands-on teaching

Phase III is the certification phase.

For more information, contact the HETI Office at office@hetifederation.org

## HETI Instructor Code of Ethics and Conduct

Competence and Teamwork are the foundation of practice for a HETI Therapeutic Riding Instructor. HETI expects its instructors to conduct themselves in an ethical and professional manner to ensure the integrity of the organization, riders, volunteers and equines.

HETI Instructors are committed to providing a safe environment for all participants and horses and to using riding and training methods to achieve harmony and understanding between horses and riders. They champion the humane treatment and well-being of horses and respect the diversity of all riders and horses.

They use best practices and standards which are based upon generally accepted methods. Each country and culture may adapt these best practices to their own environment; however, adaptations should always consider the well-being and safety of our riders and our horses.

## **HETI Level I Certified Instructors**

Congratulations to the following people who completed their HETI certification in Taiwan and Greece. Another certification program has been started in Indonesia and Portugal.

- Chao-Yuan Chang (Taiwan)
- Chun-Mei Chen (Taiwan)
- Jose Montilla (Phillipines)
- Yi-Hung Chang (Taiwan)
- Ya-Hui Li (Taiwan)
- Shu-Ya Chan (Taiwan)
- Tsung-Hsin Weng (Taiwan)
- Yu-Shan Lu (Taiwan)
- Sara Hutton-Anetopoulou (Greece)
- Lappa Gkampriella (Greece)

- Nantina Panagou (Greece)
- Tatjana Richter (Greece)
- Ekaterini Chomoriti (Greece)
- Anna Mitropoulou (Greece)
- Tze-Hsuan Wang (Taiwan)
- Ming-Hui Chang (Ella Chang Taiwan)
- Pei-Ying Lee (Koala Lee Taiwan)
- Yu-Ling Tsai (Jade Tsai Taiwan)
- Tata Montilla (Philippines)

## **HETI History**

#### **Past HETI Presidents:**

Dorothee Ames, Canada; Dr. Carl Klüwer, Germany; Gillian Lawrence, Canada; Octavia Brown, USA; Gundula Hauser, Austria; Pauline Perry, Australia; Ann O'Shallie, USA

An International Congress is held every three years and offers an opportunity for all of us to get together, exchange ideas and celebrate our achievements in the world of equine assisted activities. Our past congresses are:

- **1974** I. International Congress in Paris, France Reeducation par L'Equitation
- **1976 II. International Congress in Basel, Switzerland** *Rehabilitation through Riding - Riding Therapy*
- **1979 III. International Congress in Warwick, United Kingdom** *Riding as a Sport for the Disabled*
- **1982 IV. International Congress for Therapeutic Riding in Hamburg, Germany** *Overview of the international situation in Therapeutic Riding*
- **1985** V. International Congress in Milan, Italy Rehabilitation through Riding
- **1988** VI. International Congress for Therapeutic Riding in Toronto, Canada Therapeutic Riding and Scientific Research
- **1991** VII. International Congress for Th. R. on Aarhus, Denmark An Update on Therapeutic Riding
- 1994 VIII. International Congress in Hamilton, New Zealand

### HETI History (continued)

- **1997 IX. International Congress in Denver, USA** *Riding the Winds of Progress*
- **2000 X. International Congress in Angers, France** *Cheval et Différences*
- **2003** XI. International Congress in Budapest, Hungary The Complex Influence of Therapeutic Riding
- **2006** XII. International Congress in Brasilia, Brazil Contact between Friends
- **2009** XIII. International Congress in Münster, Germany Horses for Body, Mind and Soul
- **2012** XIV. International Congress in Athens, Greece Horses in Education and Therapy
- **2015** XV. International Congress in Tapei, Taiwan *Horses and People*

#### Our next Congress will be:

### 2018 - XVI. International Congress in Ireland

June 25-29, 2018, at Royal Dublin Society, Dublin, IRELAND



## Apply to the Mary Selway-Swift Development Fund!



Mary Selway-Swift

This fund was established from a bequest to HETI from the estate of the late Mary Selway-Swift.

Mary was involved in the field of therapeutic riding over many years - in the United Kingdom and in South-East Asia (specifically in Hong Kong and Singapore). It was Mary's wish that this fund be used to promote and improve the educational opportunities, training and quality of riding therapy through the development of therapeutic riding programs internationally. She was particularly concerned for those in developing countries or in places which have limited access to training opportunities. Any application needs to be supported by a HETI Full Member and payments from the fund will be made on the recommendation of the HETI Executive Committee.

For an application please contact the office at:

HETI P.O. Box 134 Damariscotta, ME 04553, USA Email: office@HETIfederation.org

Members are encouraged to promote the Mary Selway-Swift Development Fund among friends and interested people/businesses. Donations to the fund should be sent to the Office.

## Thank you to our Advertisers

This directory is partially funded by our advertisers. We would like to extend our heartfelt gratitude to the following for supporting this publication:

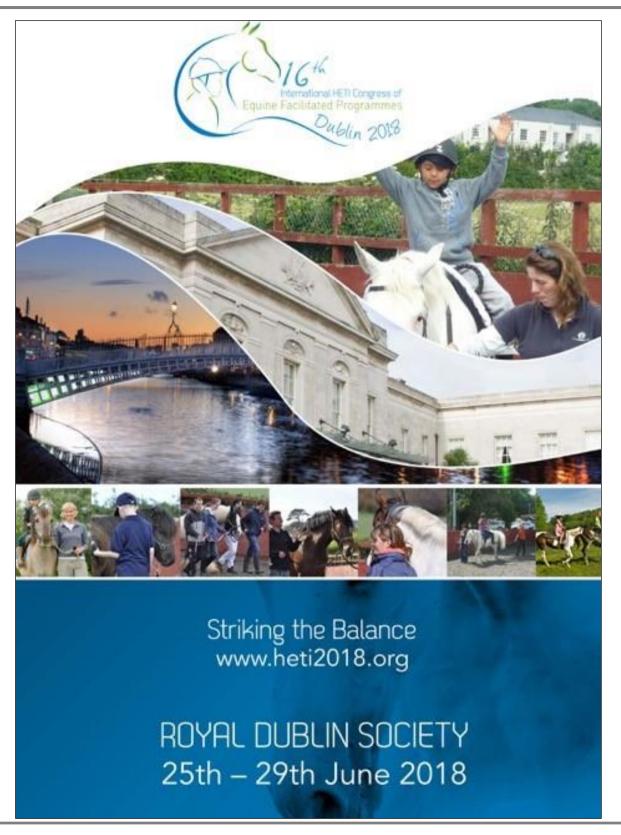
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- HHRF
- PATH International
- Special Equestrians (Fitting In)
- Special Equestrians (Hello Bob)

Their advertisements appear on the pages that follow.

The HETI Directory is distributed to all members, advertisers, and sponsors in forty-four countries; it's our calling card. Its reach extends to almost anyone who's influential in the field of equine-assisted activities. If you would like your organization included with an advertisement, consider the upcoming edition.

For rates and placement in the 2017/18 Membership Directory please contact Gisela Rhodes at the HETI office:

P.O. Box 134 Damariscotta, ME 04543 Email: office@HETIfederation.org www.HETIfederation.org



#### **STRIKING THE BALANCE IN IRELAND AT THE HETI 2018 CONGRESS**



The key note speakers have been invited based on their experience and expertise within four key pillars of Equine Assisted Programmes:

#### Learning and Development – Physical and Mental

Regardless of your particular discipline, your ability to facilitate positive and rewarding experiences for young people and adults is essential. The 2018 Congress will focus on this area and will be addressed by William Micklem, who has worked extensively and successfully in illustrating strategies and techniques to help people improve their performance.

#### **Sustainability**

Creating sustainability requires a number of factors including strategic planning, budgets, cash flow projections, marketing, human resource management (volunteers and paid staff), mission statements, governance, identification of values, asking what our clients – our customers – want and expect from us....and more!

#### **Equine Welfare and Management**

For horses in therapeutic riding or hippotherapy, we are mindful of rider weights and the need to ensure a balanced training and working schedule for horses, how bits can potentially cause levels of discomfort to horses and the need to train horses to habituate to a wide range of sudden movements by riders, loud noises and other unpredictable behaviours by riders.

#### Research

As the 2018 congress organisers, we are keen to bring the latest EAP research to Ireland – and we hope that each delegate will leave with strong and solid research findings that will help them improve their own EAP. However, we are also mindful that we all started somewhere and that there are many EAP practitioners out there who are practising very valuable work and may be at the exploratory stages.

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Amanda Hogan, Executive Director of Windrush Farm Therapeutic Equitation, PATH INTL. Master Instructor

Gisela H. Rhodes, M.Ed., is a PATH Intl. (NARHA) Interactive Vaulting and Advanced Therapeutic Riding Instructor, as well as a Centered Riding<sup>®</sup>

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Instructor Level 1. She has served as the chair of the PATH Vaulting committee, as an EFMHA Board member and is currently executive director of HETI (FRDI). Her workshops, lectures and clinics are sought after, both nationally and internationally. Born in Germany, she lives at Fair Tide Farm in Newcastle, Maine.

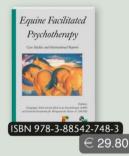
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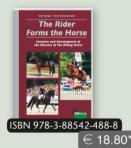
#### Know How, Understand Why, Feel When

In this book Michael Putz comments on the German Guidelines Volumes 1 & 2 and presents clear evidence that serious, carefully considered training, carried out feelingly in accordance with the rules of classical equestrianism, is the system which is ideally suited to horses and most beneficial for them. His prime objective, to convey the real training of horse and rider, is achieved by means of his exceptional ability to recognise problems, to analyse them and provide solutions which are possible to implement in practice. The result of this form of training is the maintenance of the horse's pleasure in working together with the rider, it's willingness to perform and the "personality" of the horse as well as, ultimately, a harmonious partnership between rider and horse.



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Description and an in-depth look at the development of the many varied techniques used with a horse in psychological therapy. 11 different authors from Germany, Finland, the Netherlands and the United States of America present their work in this book and hope to contribute to a qualified exchange and lively discussion.



### Function and Development of the Muscles of the Riding Horse

The authors explain the physiological facts which are the foundation of the teaching of riding and discuss important factors in the training of the horse and how to recognise and rectify training problems.



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## HETI Membership Directory 2015/16



## **Federation Members**

#### ACPTR – Association of Chartered Physiotherapists in Therapeutic Riding

Thorganby York Y019 6DN UNITED KINGDOM Contact: Elizabeth Beckerlegge, Phone: +44 (0) 190 444 8755 Email: elizabeth@beckerlegge.com



ACPTR is a professional clinical interest group of the Chartered Society of Physiotherapists in the United Kingdom. Membership of ACPTR is not restricted only to Physiotherapists.

The function of ACPTR is to promote hippotherapy (horse assisted physiotherapy treatment) and best practice by physiotherapists working within a therapeutic riding environment.

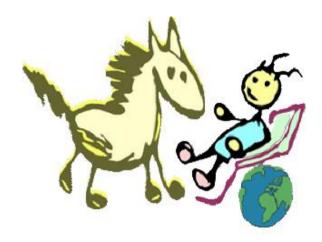
ACPTR provides a post graduate course for therapists who choose to use the horse and its movement therapeutically and for Physiotherapists to qualify in Hippotherapy. It also organises workshops, study days and a biennial conference.





#### AEDEQ – Asociación Española de Equinoterapias

Calle Calderón 71, 2º, 5ª Sabadell 08201 SPAIN Contact: Lorenzo Lucarelli Phone: 00 34 686331750 Email: lucarellil@hotmail.com Website: www.aedeq.org









AEDEQ, the Spanish association for Therapeutic Riding has provided hippotherapy and equine assisted psychotherapy for several years and recently moved to a new stable. Since the organization's inception, it has been active in therapeutic riding as well as in leisure, sports and educational activities assisted by horses. The association is now in the process of organizing new services and incorporating them into their offerings:

- research the legal, economic, ethic, logistic, and social aspects of equine therapies
- organize various courses for therapists and instructors, at all levels, from initial to master
- incorporate therapeutic driving and vaulting
- prepare riders for adapted equestrian sports

AEDEQ is also active in promoting the REDEQUI cooperation project which is an international network of pedagogic centers providing therapeutic riding. The REDEQUI cooperation project uses tourism as a source of income to support the therapeutic team and to extend accessibility to therapeutic riding to those who cannot afford it otherwise.

#### AHA – American Hippotherapy Association

PO Box 2014 Fort Collins, CO 80524 USA Contact: Jacqueline Tiley, Executive Director Phone: (570) 224 4505 Email: ahaexecutivedirector@gmail.com Website: www.americanhippotherapyassociation.org



American Hippotherapy Association Inc. (AHA, Inc.) promotes the use of the movement of the horse as a treatment strategy in physical, occupational and speech-language therapy sessions for people living with disabilities. Hippotherapy has been shown to improve muscle tone, balance, posture, coordination, motor development as well as emotional well-being.

AHA consists of medical professionals (physical, occupational and speech-language therapists) and others who are interested in the use of equine movement as a treatment strategy. Its philosophy includes the following:

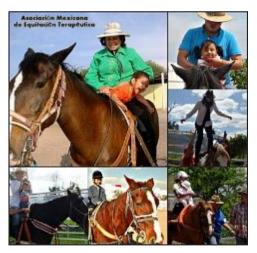
- The organized movement of the horse is an effective treatment strategy used to improve function in patients with neuromusculoskeletal dysfunction.
- A licensed physical therapist, occupational therapist or speech-language pathologist with specialized training in the principles of hippotherapy and horsemanship is responsible for directing the treatment team during a session using hippotherapy as a treatment strategy.
- A hippotherapy session requires a carefully trained team consisting of: patient, therapist, horse expert, horse and sidewalkers.
- Equine Assisted Therapy, used by a medical professional, is part of a comprehensive treatment plan that integrates gains into functional activities.
- Horses used in Equine Assisted Therapy should have quality of movement, appropriate temperament and ongoing specialized training. All horses should be treated humanely at all times.
- Clinicians providing Equine Assisted Therapy are to maintain a high level of professional competence by participation in related continuing education activities. They must follow the standards of practice and code of ethics for their discipline.
- More research should be done to continue to validate the efficacy and effectiveness of hippotherapy and other Equine Assisted Therapies.

#### AMET – Mexican Association of Therapeutic Riding

Balcones de la Colina 25 Fracc. Balcones Queretaro 76140 MEXICO Contact: Blanca Mayol Phone: 442 214 3906 Email: amet.mexico@gmail.com equinoterapia.amet@hotmail.com Website: www.equinoterapia.net



AMET has been serving children with disabilities for over 36 years and represents Mexico's equine therapy centers by integrating, training, certifying, and promoting them internationally.



AMET's mission is to provide hippotherapy for children, adolescents and adults with physical and mental disabilities, behavioral issues and / or learning disabilities as well as victims of accidents. The association seeks to contribute to a better understanding of the needs and intrinsic value of persons with disabilities and to promote better relations among people with disabilities and the rest of society.

Furthermore, AMET trains and assists other institutions interested in creating new Equine Centers and it coordinates, certifies and regulates the establishment and operation of those centers. AMET also represent and supports them, both to increase their international knowledge and to receive financial support.

AMET has given rise to more than 150 new centers in Mexico and assisted 14 municipalities in their state. Presently, they offer 94 Equinotherapy courses, covering topics ranging from therapy for small children, music therapy, finger painting to substance abuse, familial violence, Rett syndrome, autism and neurodevelopmental and other conditions that can be treated with equine therapy. Additionally, they have 11 courses in neurohabilitation and hippotherapy and just added to their curriculum Natural Horsemanship.

#### ANDE-BRASIL – Associação Nacional de Equoterapia

Granja do Torto 70636-000 Brasília DF BRAZIL Contact: Vera Horne Phone: (55) (61) 34687092 Fax: (55) (61)3468-8486 Email: verahorne@gmail.com Website: www.equoterapia.org.br



The National Association of Equotherapy, ANDE-BRASIL, was founded in May, 1989, by former Cavalry officers of the Brazilian Army that had the acumen to observe and appreciate the gains that some children



with special needs began to show after some classic equitation lessons in a group with ablebodied students.

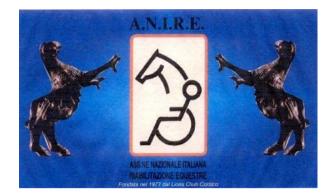
Since, many concepts and structures have been improved not only at ANDE-BRASIL but also in regard to the equotherapy method created. They have been disseminated throughout the country and have reached about 300 equotherapy centers that maintain a formal link to ANDE-BRASIL.

ANDE-BRASIL has invested in training health and education professionals with a 'Basic Course' (42hs) and an 'Advanced Course' (81hs) in equotherapy and by offering an equotherapy curriculum to riders with different degrees of technique in the field. We are looking forward to having teams formed at each of the equotherapy centers with the help of psychologists, physical therapists and equitation professionals.

ANDE-BRASIL has also organized congresses and conferences that are intended to bring together professionals from Brazil and from other countries every two or three years, including the International Congress of the FRDI (now HETI) in Brasília, in 2006. ANDE-BRASIL is now planning the next congress which will be the VII Brazilian Congress of Equotherapy, in 2017.

#### **ANIRE – Italian National Association of Therapeutic Riding**

Via Bartolomeo D'Alviano 7 Milano 20146 ITALY Contact: Daniele Nicolas Citterio Phone: 39 03 3927 63674 Email: info@cnranire.it Website: www.cnranire.it



ANIRE is the national association which introduced riding rehabilitation to Italy in 1976 and it is still the only recognized association of its kind. It deals with rehabilitation or riding therapy, and regards riding from a purely rehabilitative angle as in helping people achieve greater self-sufficiency. However, this does not rule out taking part in competitive sports activities. ANIRE was founded with the aim of rehabilitating people with physical and mental challenges with the help of horses and of promoting riding for recreational and sports purposes.

ANIRE also promotes scientific research, organizes and promotes riding rehabilitation in Italy, and trains specialists in riding therapy.

Since its foundation, the association's membership has grown to 10,000, encompassing 5,000 users/customers, 1,980 specialist sector workers (650 of which are currently active) and 170 centres spread over 20 regions, serving 12,000 patients with over 350 horses. Increasingly, centres run by municipalities, local health centres, regional governments and traditional rehabilitation centres, such as hospitals, enter agreements with ANIRE.

ANIRE was conferred the Milan Provincial Government Gold Medal and received a Certificate of Merit from its local municipality.

#### ATE – Association Therapie Equ

13, Rue Mausereck L-3934 Mondercange LUXEMBOURG Contact: Christiane Betz Phone: 00352-55 26 15 Fax: 00352-26 55 00 65 Email: secretariat@atelux.lu Website: www.atelux.lu



## A.T.E. ASSOCIATION THERAPIE EQUESTRE

Created in March 1982, ATE has been renting a small equestrian centre since 2004 where eight horses, three little ponies and two donkeys are housed. The association includes three physiotherapists with a certificate in hippotherapy and fifteen aids who lead the horses and help secure the patients, sometimes working with 3-4 horses simultaneously. Presently, the centre serves 106 clients.

Clients are children and adults with physical and mental challenges. In the educational and social part of their program, instructors work with clients with attention deficit disorder, sensory integration disorders, or



behaviour issues.

ATE works with clients individually or in groups of two, three or five, offering psychomotor exercises in form of vaulting or plays with psychomotor material in time and space. Clients learn to ride in groups with four horses until they are able to be integrated in a riding club outside.

#### **CanTRA – Canadian Therapeutic Riding** Association

5420 Hwy. 6 North RR#5 Guelph, Ontario CANADA, N1H 6J2 Contact: Brenda Coward, Administrator Phone: 519-767-0700 Fax: 519-767-0435 Email: ctra@golden.net Website: www.cantra.ca





CanTRA's mission is "to promote the benefits of therapeutic riding throughout Canada, by raising public awareness, working closely with the medical profession, providing continuing education, maintaining high standards for Therapeutic Riding Instructor Certification and accrediting therapeutic riding centres."

CanTRA is the national governing body for therapeutic riding in Canada, recognized by Equine Canada and HETI. Over 80 accredited member centres operate across Canada, working with children and adults who encompass a wide range of special needs.

CanTRA was founded in 1980 and delivers programs which include

- an internationally recognized Instructor Certification system with a high quality of service delivery
- an Accreditation system for therapeutic riding centres to ensure safe and high operating standards
- Hippotherapy training workshops for therapists
- an Equine-Facilitated Wellness program for certification of mental health, education and equestrian professionals working with mentally and emotionally vulnerable populations
- opportunities for Education through newsletters, clinics, workshops and national conferences
- a national Insurance Policy available to member centres.



#### Centro di Riabilitazione Equestre Vittorio di Capua

A.O. Ospedale Niguarda Ca' Granda Piazza Ospedale Maggiore 3 20162 Milano ITALY Contact: Annalisa Roscio Phone: 39 02.6444.2644 Email: riabilitazionequestre@ospedaleniguarda.it Website: www.riabilitazionequestre.it <image><section-header>

Vittorio di Capua was established in 1981 as part of the Department of Neuropsychiatry for Children and Adolescents at the Ospedale Niguarda Ca' Granda in Milan. It is the only organization of its kind that is officially recognized and approved by the national health authorities. The Center has been arranged to look like a farm, quite

unusual in a large urban hospital, and is supported by equine staff trained to provide high level performance and guarantee low stress levels. The horses are also monitored by a therapeutic riding expert trainer and by veterinary staff.

The Center is currently treating 150 children with disabilities ranging from cerebral palsy to mental retardation, autism, and other syndromes. Staff includes one neuro-psychiatrist, one physiatrist, one psychologist, four therapists with different specializations, four assistants in therapeutic riding and over thirty volunteers. Treatments offered are free of charge. For each patient the medical rehabilitation team develops a personalized therapeutic program with medium and long term objectives and linked to the



patient's condition, disability and correlated needs. Each session lasts around 30 minutes; afterwards the patient moves on to occupational-therapy sessions.

The Center's principal activities are:

- hippotherapy
- therapeutic riding
- pedagogic riding
- therapeutic vaulting

The Center is also involved in didactic and scientific activities such as specialized courses for therapeutic riding therapists and assistants and it collaborates with universities by offering internships for students and by providing staff members as speakers to conferences and other events.

#### CHS – Czech Therapeutic Riding Association

Zemedelska 1 Brno 613 00 Czech Republic Contact: Vera Lantelme Phone: 00420 723 698 750 Email: info@hiporehabilitace-cr.com Website: www.hiporehabilitace-cr.com Facebook: www.facebook.com/Hiporehabilitace





The Czech Therapeutic Riding Association (CHS) was founded in 1991 as a voluntary, nongovernment and non-for-profit organization with the vision to promote the best and safe practices of Equine Assisted Activities and Therapies (EAAT) and to integrate individuals with disabilities or special needs.

The Czech Therapeutic Riding Association registers 36 EAAT centres and 70 individual members.



To promote best practices, CHS has implemented a Centre accreditation program and a Therapy horse certification program. The association organizes educational courses in Czech and English.

#### CNRAFA ONLUS – Italian National Centre of Research, Therapy and Training

Via Bartolomeo D'Alviano 7 Milano 20146 ITALY Contact: Daniele Nicolas Citterio Phone: 39 03 3927 63674 Email: info@cnranire.it Website: www.cnranire.it



Acknowledged by decree of the President of the Italian Republic as the national Italian association of horse therapy and of sporting and recreational riding for people with disabilities, CNRAFA is certified according to the international parameters. A provider of the Ministry of Health for continuous medical education, the organization has an agreement with the Ministry of Education, Research and University and holds a convention with Mondino, a mental health clinic for the evolutional age belonging to the University of Pavia.



CNRAFA includes:

#### POLYVALENT CENTRE:

Horse therapy; Psychiatric area; Equestrian rehabilitation; Cognitive area ; Re-instatement; Working re-instatement; Sporting re-instatement. 148 patients, 298 treatments a week, 1.138 treatments a month, 11.380 treatments a year.

#### POLYVALENT TEAM:

Consultant in: Neuropsychiatrics; Physiatrics; Sports Medicine; Psychologist ; Physiotherapist; Motory

sciences graduate; Motory sciences and techniques of the motory preventive activities graduate; Teacher; Instructor of equestrian sports; Nurse; Vet.

#### THE STRUCTURE:

Manège; Office; Waiting room; Dressing room; Saddlery; Stable; Human and veterinary infirmary; Record office; Didactics room; Farrier workshops; Stable and grooming workshops; Maintenance workshops; Film library workshops; Computing workshops; Gardening workshop.

#### CTEA – Chinese Taipei Equestrian Association

20, Chu-Lun Street, Room 808 10489 Taipei, Taiwan Contact: Uta Rindfleisch-Wu Phone: +8862/8771-1508 Fax: +8862/2778-3740 E-mail: ctea@ctea.org.tw Website:www.ctea.org.tw



CTEA was founded in 1973. The main tasks of the association are to enhance the quality of horsemanship in Taiwan, to train coaches of different levels, to organize equestrian competitions and to choose riders for international competitions. CTEA has around 400 personal members and 35 group members. Taiwan is an island where horses were not indigenous and horse sports therefore do not have any traditions. English style riding is the common riding style in Taiwan. While jumping competitions still draw the most participants, dressage is more and more on the rise.



In 2006, when Para Equestrian became a member of the FEI family, this part of therapeutic riding was introduced to CTEA and in March 2008 the first PE competition was held as part of a CTEA Dressage Competition. Since 2009 CTEA got a director of PE-Sports. In 2014, Sun Yu-Jen, a Grade II rider, was the only athlete from Taiwan joining the World Equestrian Games in Caen. He has also achieved Paralympic qualifying scores, which unfortunately did not translate into a ticket to RIO.

CTEA was proud of hosting the 2015 HETI Congress in Taiwan – and the very first in Asia – when representatives from 30 countries gathered on the campus of Aletheia University in Danshui. As a result of the Congress several Task Forces were set up, which will present the result of their work at the 2018 HETI Congress in Ireland.

# Danish Ridefysioterapi

Vesterkaervej 12 7600 Struer DENMARK Contact: Hanne Dahl Iversen Phone: +45 22942270 Email: hdi@ridefysioterapeut.dk Website: www.ridefysioterapeut.dk





The Center for Riding Therapy and Riding for the Disabled is a subsidiary of the Association of Physiotherapists in Denmark. An independent equestrian center, it is approved to practice therapeutic riding for disabled children and adults. Its facilities include:

- Riding stables
- Outdoor riding arena
- Scenic surroundings
- Heated rider room
- Accessible toilet
- Disabled parking and access,
- Climbing Ramp and lift and other equipment
- Eleven well-trained horses and ponies

The Center is open to anyone eligible for physiotherapy which includes diagnoses of congenital or hereditary diseases, acquired neurological disorders, physical disability due to an accident, reduction of context - and / or muscle function as a result of inflammatory rheumatic diseases as well as the blind and people with Autism or Down's Syndrome.

Instruction is provided by a disability riding instructor and an assistant. Tuition is free up to a maximum of 40 hours.



# DKThR – Deutsches Kuratorium für Therapeutisches Reiten E.V.

Freiherr-von-Langen-Str. 8a 48231 Warendorf GERMANY Contact: Almut Schlingenkötter Phone: 0049 (0) 2581/927919-0 Fax: 0049 (0) 2581/927919-9 Email: DKThR@fn-dokr.de Website: www.dkthr.de



KURATORIUM FÜR THERAPEUTISCHES REITEN E.V.

With nearly 3000 members and extensive connections with various professional associations, the German Association for Therapeutic Riding (DKThR) plays a leading role in therapeutic riding in Germany. As the professional association for all occupational groups and institutions, DKThR is responsible for the promotion and support of all professionals, hospitals, therapy centres, equestrian clubs and schools associated with therapeutic riding.

An important task is the development of a scientific basis and promotion of scientific publications as is the cooperation with government and private purchasers. Its international role is reflected in cooperation with FRDI and FATP. DKThR freely shares its know-how with other countries and furthers the exchange of information.



During the past 40 years DKThR has also established itself in the field of education and training of professionals and, in cooperation with the NF, developed quality management and quality standards. DKThR offers professional education in four fields of Therapeutic Riding:

- Hippotherapy
- Psycho-educated vaulting and riding
- Riding as sport for people with disabilities
- Occupational Therapy with the horse

Finally, DKThR supports the high-performance sport for disabled in Para-Equestrian –Dressage-Driving and is a member of the Special Olympics.

#### ELETHIP – Hellenic Association for Therapeutic Riding

18 Karaiskaki Str. TK 19400 Koropi, Athens GREECE Contact: Irene Kapari Phone: 0030 6977 20 11 86 Email: irenekapari@hotmail.com Website : www.elethip.gr Facebook: //web.facebook.com/ΕΛΛΗΝΙΚΗ-ΕΤΑΙΡΙΑ-ΘΕΡΑΠΕΥΤΙΚΗΣ-ΙΠΠΑΣΙΑΣ-ΕΛΕΘΙΠ-141088019295215/?ref=bookmarks



ELETHIP is a non-profit association that started its journey in the field of Equine Assisted Activities and Therapies in 2003 in Athens – with one horse, one PT and one rider. Since, ELETHIP grew to provide its services to 90 riders a week with a therapeutic team that consists of 8 certified professionals in various fields (such as physical therapists, TR & dressage instructors, occupational & speech therapists, psychologist and social worker) and 8 horses. The team also involves 15 trainees per year and 18 well trained volunteers.

The mission of ELETHIP is:

- to provide equine assisted activities and therapies with safety to people with disabilities from the age of 2
- to provide the experience of riding as a sport with our athletes competing at national and international Special Olympics & para equestrian dressage competitions
- to provide certified professional education in all fields of therapeutic riding through workshops, seminars and an annual conference
- to conduct & publish evidence based research about the benefits of equine therapy
- to increase public awareness for people with disabilities and the welfare of the horse
- to cooperate productively in a regular basis with other national and international organizations that are actively involved in the same areas (equines, TR, hippotherapy, physical & mental health, sports, etc.).







# FCA – Fundacion Caballo Amigo

Lope de Vega, № 36, 5º D 28014 Madrid SPAIN Contact: Mercedes Jiménez Horwitz Phone: 34 910 228 219 Email: gestion@caballoamigo.org Website: www.caballoamigo.org Facebook: www.facebook.com/fundacioncaballoamigo



In 1998, a group of professionals in medicine, education and sports founded the F.C.A. with the purpose of developing equestrian activities for disabled people in Spain. The foundation's activities focus on four main areas:



#### Therapy

Includes therapy, education, enjoyment, and social integration for people with disabilities with horses and riding. FCA is presently working with disabled riders with a variety of different disabilities.

#### Education

Courses in therapeutic riding are designed to train professionals from medicine, education and sports. FCA also offers a two year program in conjunction with the Complutense University of Madrid and the University of Bovigny (France).

#### Expansion

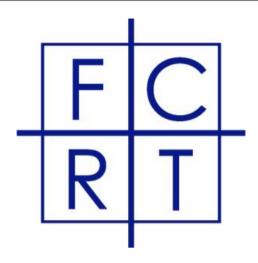
Includes various activities of the foundation with major emphasis on the scientific investigation of therapeutic riding.

#### Sport

FCA is responsible for the development of para-equestrian activities at the Spanish Equestrian Federation.

# FCRT – Fortune Centre of Riding Therapy

Avon Tyrrell Bransgore Christchurch, New Forest, BH23 8EE UNITED KINGDOM Contact: Mrs. Jennifer Dixon-Clegg Phone: 44 1425 673297 Fax: 44 1425 674320 Email: enquiries@fcrt.ac.uk Website: www.fortunecentre.org





The Fortune Centre of Riding Therapy (Registered Charity Number: 1045352) is a place that provides education and therapy through horses for people that are more motivated by being with horses than anything else. Weekly sessions are run for local children with a variety of disabilities. A day care provision exists for local people with special needs who wish to focus on working with horses. FCRT provides work experience placements for allied professionals usually during their professional training in physiotherapy, occupational therapy, teaching or nursing.



The FCRT's main activity is as an Independent Specialist Provider for young people, aged 16-25, with learning difficulties and disabilities whose educational needs cannot be met in government provision. The residential course *Further Education Through Horsemastership* (FETH) runs over 3 years for 45 students at any one time from anywhere in the UK and occasionally from overseas.

# Fédération Nationale Handi cheval

26 Route du Pre Madame Royeres 87400 FRANCE Contact: Glen Gouttes Phone: 33 555 69 21 98 Email: fnhc@wanadoo.fr Website: www.handicheval.asso.fr



#### FENTAC – Fédération Nationale de Thérapie avec le Cheval

12 Allee du Parc 89170 St. Fargeau FRANCE Contact: Dominique Darques Phone: 33 86-74-0378 Email: darques.dominique@orange.fr Website: www.fentac.org



The National Federation of Therapy with the Horse is a non-profit organization created in 1986. FENTAC aims to:

- bring together groups and individual practitioners of therapeutic riding
- develop and oversee enforcement of specific guidelines for Therapy with the Horse
- promote research regarding the theoretical and practical aspects of this therapy
- support other organizations associated with Therapy with the Horse
- take part in meetings and conferences in France and abroad which relate to therapeutic riding



#### Festina Lente

Old Connaught Avenue Bray Co Dublin IRELAND Contact: Jill Carey Tel: 000353012720704 Email: info@festinale



Website: www.festinalente.ie

Festina Lente is a registered charity which provides a wide range of equine based programmes to young people, teenagers and adults with physical, intellectual, psychosocial, behavioural and/or mental health difficulties. These programmes include:

- Three Year Accredited Vocational Equestrian Training for young people with disabilities aimed at accessing employment in the equestrian industry or further training
- Equestrian Employment Programme for adults with disabilities
- Supported Helper Programme for young children and teenagers helping in the Equestrian Centre with additional supports, for example, staffing ratio 1:1 or 1:2
- Equine Assisted Learning to support emotional, cognitive and/or behavioural changes amongst young people and adults
- Equine Facilitated Educational Programme for young children affected by socio economic disadvantage
- Therapeutic Riding for the development of physical, psychological and /or psychosocial well-being of young people and adults with disabilities

Festina Lente provides two Quality in Qualifications Ireland (QQI)







nationally accredited programmes, a Therapeutic Coaching Training Programme and an Equine Facilitated Assisted Learning Programme, and engages in a variety of research projects focusing on the benefits of horse human relationships, horse welfare and management considerations. A core value of Festina Lente is the need to achieve a balance between people's needs, expectations and choices of equine based programmes and the equines needs, a big challenge in terms of economics and human resource management. Festina Lente strives to implement the International Society of Equitation Science (ISES) principles in all its interactions with equines. All the equines involved in Therapeutic Riding wear Micklem Multipurpose Bitless Bridles or Head collars.

#### FISE – Federazione Italiana Sport Equestri / Italian Equestrian Federation

Viale Tiziano 74 Rome 00196 ITALY Contact: Barbara Ardu Tel: 39 06 83668427 Email: riabilitazione@fise.it Website: www.fise.it



The Italian Equestrian Sports Federation (FISE) was founded in Rome in 1926 and, approved by the Italian Olympic Committee and the Ministry of Culture, the Federation is the only authorized organization to regulate equestrian activities in Italy whether they are of an educational, athletic, recreational or training nature.



FISE has a specific Department for Therapeutic Riding. Its goal is to develop opportunities for people with disabilities so they can attain treatment through Therapeutic Riding.

Every year, FISE organizes special training courses for riding instructors and therapists in various areas of social health. The Therapeutic Riding Department also conducts special research in the mental health field, especially on the use of therapeutic riding in psychiatric rehabilitation.

Finally, the Therapeutic Riding Department also organizes congresses, seminars, and workshops to improve and promote Therapeutic Riding.

#### FN – Fédération Equestre Nationale / Deutsche Reiterliche Vereinigung e.V

Freiherr-von-Langen-Straße 13 48231 Warendorf GERMANY Contact: Soenke Lauterbach Phone: 49 (0) 2581/6362-0 Fax: 49 (0) 2581/62144 Email: fn@fn-dokr.de Website: www.pferd-aktuell.de Facebook: www.facebook.com/DeutscheReiterlicheVereinigung Twitter: www.twitter.com/FN\_eV Youtube: www.youtube.com/FNPferdesport



Established in 1905, the German Equestrian Federation (FN) is one of the largest national equestrian federations in the world. Within the German Olympic Sports Association (DOSB), it ranks as Germany's 9th largest sports association. The FN's duties and responsibilities are distributed to three separate pillars: Sports, Breeding and Personal Members. In the sports sector, in collaboration with the respective member associations EWU (Western Riding), DKThR (Therapeutic Riding and Para-Equestrian) and VDD (Endurance), the FN takes care of the disciplines Dressage, Jumping, Eventing, Driving, Endurance, Vaulting, Reining and Para-Equestrian.

The FN is the umbrella organisation for approximately 7,600 riding clubs and 4,000 commercial equestrian centres with a total of 709,000 members, all being represented by 17 regional equestrian associations. In addition, 25 breeding organisations are member associations of the FN with about 3,500 riding horse sires and 55,600 riding horse brood mares.

FN regularly issues uniform guidelines, rules and regulations, one of them being the APO. Among other items the APO contains details on the training programme for specialised personnel in Therapeutic Riding. These are the basis of the educational programme of the DKThR (German Curatorship for Therapeutic Riding). DKThR cooperates with FN in education, labelling and qualification of riding and therapy facilities for the Disabled.

# FPG – Federatie Paardrijden Gehandicapten

Wekeromseweg 12 6816 VS Arnhem THE NETHERLANDS Contact: Dieuwke Papma Phone: 0031-6-46745415 (Tuesdays and Thursdays) Email: info@verenigingfpg.nl Website: www.verenigingfpg.nl



Since 1968, FPG is the Dutch organization of riding for people with disabilities. It is a certified fundraising organization. FPG has seventy-five members, all local groups which offer horse riding lessons on a non-profit basis, but working on a professional level. For a list of members, please look at



www.verenigingfpg.nl/ledenmaneges.php.

The Objectives of FPG are to provide quality and safe riding opportunities for persons with disabilities, for recreational, sportive as well as therapeutic reasons. Activities include:

- education of riding instructors (qualification level 3) by the National Equestrian Sports Federation KNHS
- education in vaulting for disabled
- refresher courses for instructors
- courses for volunteers
- programs on safety- and risk management in FPG riding schools all members are certified as safe riding schools.
- development of quality and safety standards for EAT

• integration of activities with the National Equine Sports Organization, KNHS, and the Federation of Riding Schools, FNRS.

FPG wants to support the foundation of a national organization of professional equine assisted therapists, stimulate more scientific investigations into the effects of EAT and support development of an EAT-course for therapists.

#### GUL – God Unlimited Outdoor Therapy

CIO number 1159337 The Bustard, Shrewton, Salisbury, Wiltshire, SP3 4DU UNITED KINGDOM Contact: Dr C C Grummitt Phone: 01980 621712 Email: office@god-unlimited.org Website: www.god-unlimited.org



God Unlimited (Gul) was founded in 2006 to provide people from all walks of life the chance to enjoy the outdoors in a therapeutic setting. In our first year, with two Shetland ponies, at the home of our founder, Gul provided 200 hours of activities, in 2014 we provided over 10,000.

Gul now uses 4 sites based in Wiltshire, Hampshire and Wales. We offer Outdoor and Equine Assisted Therapies (EAT), including riding, exercise, pain management back to work programmes and education using staff, volunteers and our 14 ponies.

This incredible growth is due in no small part, to the skilled team of clinical staff and dedicated volunteers. Gul is able to offer therapy to all sorts of people, both children and adults, able bodied and not and also provide for military families and our local community. Gul aims to increase the independence and quality of life for everyone who uses our sites and accepts referrals from local authorities, education providers and individuals.







## HANDHIPPO – Belgische Nationale Vereniging van Therapeuten Gespecialiseerd in Hippotherapie / Union Nationale Belge des Thérapeutes Spécialisés en Hippothérapie

Rue de Beriot, 33/Maatschappelijke zetel: de Beriotstraat, 33 1210 Bruxelles-Brussel BELGIUM Contact: Marie-Thérèse Kuypers Phone: 32/ 498 48 32 44 Email : handhippo@skynet.be Website: http://users.skynet.be/handhippo



Founded in 1974, the national Belgian non-profit organization Handhippo is composed of therapists specialising in therapeutic riding. Their definition of therapy as a medical treatment in the broader sense covers all aspects of the patient, both physical and mental, and the horse represents everything that it



brings by his presence, his relationship, his contact which is both rewarding and special.

Therapy is given under prescription or on medical indications.

Handhippo's goal is to improve the credibility of everyone's work and to present a coherent image of the activities associated with therapeutic riding to the different professions, the media and the public.

## Hest og Helse

Gml Enebakkvel 71 1188 Oslo NORWAY Contact: Annika Meltzer Phone: +47 928 34 842 Email : annika.meltzer@getmail.no Website: www.hestoghelse.no



Hest og Helse, Horse and Health, is a voluntary Norwegian national organization which was established in 1971. Currently they have about 300 members – individuals and businesses – and a number of well-qualified course instructors with extensive experience.



Hest og Helse's extensive training portfolio deals with the horse in health care and the exciting intersection of horses and human health. It includes:

- horses in psychiatry and social medicine
- disability management
- training in horse therapy
- management of children and adolescents

The organization's purpose is to promote the use of horses in the health context. Hest og Helse strives to actively contribute to the optimal quality in the use of horses to improve the physical, mental and social health of its clients.

## HETRICS/KETHIS – Hellenic Therapeutic Riding Center of Serres

N. Skopos Serres, Macedonia 62100 GREECE Contact: Maria Liga Phone: +30 6945549696 Email : kethiser@gmail.com Website: www.kethis.gr





HETRICS, the Hellenic Therapeutic Riding Center of Serres, is a non-profit organization founded in December 2005. The main goal of the center is to promote the idea of riding as a means of therapy and to advance the inclusion of people with disabilities into the social community. Anyone who wishes to be engaged with



riding either as therapy or as a sport or simply to enjoy a ride in the country side will love our center.

Children and adults can take riding lessons with the assistance of a qualified horse trainer. Another activity of the center is organizing therapeutic riding seminars. Our therapeutic team consists of two physiotherapists, two teachers of gymnastics, a psychologist, a special pedagogue, a social worker, a speech therapist and an occupational therapist. We all are volunteers!!

The center is located in Northern Greece, in Serres, a town which is 80 km outside of Thessaloniki, the second capital of Greece. HETRICS has taken part in the World Special Olympics Games twice -Shanghai 2007 (4 bronze medals) and Athens 2011 (2 gold, 3 silver and 5 bronze medals).

## Horse Community Piskari Japan

327-9 Nishi-horobetsu, Urakawa-cho Urakawa-gun, Hokkaido 057-0002 JAPAN Contact: Katsuhiko Sumii Phone: +81-90-3629-2842 Fax: +81-146-28-1305 Email: piskari.joba@gmail.com Facebook: www.facebook.com/piskari.joba/



We are based out of Urakawa, a town located in Japan's northernmost island of Hokkaido. Urakawa is located in the Hidaka area of Hokkaido. Its prosperous equine industry and ideal climate for breeding and raising horses, provides Japan with 70% of its racehorses. The Horse Community's riders range in age from 2 years to 95 years old. The Horse Community is working in conjunction with the welfare department of the Urakawa government center. Urakawa's local government is the only entity that is currently supporting horse therapy in all of Japan.

Therapeutic riding at the Horse Community Piskari Japan is called "riding conductive education". It provides people with mental and physical disabilities an opportunity to touch and be with horses and to ride horses, as well as a chance to maintain and improve their abilities while enjoying themselves. Therapeutic riding is also used to promote participation in society through horseback riding. Therapeutic riding instructors and physical therapists are involved with the riding lesson at the Horse Community.We are also researching the effects of Therapeutic Riding:

- Changes in pressure distribution on seat before and after riding therapy
- Considering the mental effects of riding therapy
- Effects of riding therapy example of application to the physical therapy of a subject with partial paralysis on the right side.



# Hungarian Riding for the Disabled Federation

24. Terez Krt. Budapest 1066 HUNGARY Contact: Peter Edvi, President, Gabriella Bozori, First Vice President Tel : 361 475 7000 Email : edvi@GYERMEKMENTO.HU Website: www.lovasterapia.hu



SZÖVETSÉG

The Hungarian Riding for the Disabled Federation was founded in 1997 with the patronage and support of the International Children's' Safety

Service. At the time, no nationally acknowledged and accredited organization existed to provide courses in therapeutic riding. The first training was held by Sister Chiara Hatton Hall and seven English specialists. The following years Prof. Dr. Med. Carl Klüwer, Octavia Brown, Anita Shkedi, Dr. Danielle Citterio, Peter



Holzmüller, Susanne von Dietz, Isabelle V. Neumann-Cosel, Kurt Lehmann, Willem van Lieshout, Reinhard Tötchinger, Gundula Hauser and Sharon Herz-Freilich held training sessions.

The Hungarian Ministry of Education and the NFFH (The National Bureau of Andragogy and Vocational Training) accredited or acknowledged the Hungarian Riding for the Disabled Federation's training. The Federation provides 2 year training for four different specializations:

- Teachers of children with special needs (leader: Gabriella Bozori)
- Physiotherapists (leader: Peter Holzmüller)
- Psychologists (leader: Willem van Lieshout)
- Para-sport trainers (leader: (interim) Gabriella Bozori)

The Federation is also involved in helping the Hungarian Parliament and ministries prepare laws pertaining to therapeutic riding, such as riding services in Hungary and the Hungarian sport law decree which affects para-sport. Since 2005, the Federation organizes a Competition for Disabled Riders each year, together with the International Competition (CDI\*\*\*). These events have become very popular and help promote the integration of people with special needs. The Competition is held at the end of September every year, and we also organize a Conference for professionals around 23 October. Groups, presenters and guests are welcome for both events.

#### Ippostirixi – Therapeutic Riding, Hippotherapy and Education

Lagadas 57200 Thessaloniki GREECE Contact: Katerina Rokou Phone: 0030 6948727166 Email: ippostirixi@yahoo.gr Website: www.ippo-stirixi.blogspot.gr



Ippostirixi (Horse Support) was established in March of 2013 as a nonprofit company with a mission to practice and promote equine assisted therapy. Its purpose includes the treatment and education of people with disabilities through equines and other animals as well as the creation and implementation of educational seminars for the training and certification of stakeholders (educators, psychologists, physiotherapists, physical education teachers, speech therapists, occupational therapists, mental health counselors, etc.) in educational and therapeutic horseback riding and hippotherapy.

At Ippostirixi right now we run a therapeutic and educational program for children and adults that face emotional, behavioral, mental, neurological and motor difficulties. The lessons may be individual or in a group, depending on the participants' needs and goals. Instructors, trainees and volunteers run the program.

Ippostirixi has no employees, all our staff are volunteers. Our instructors have years of training as therapeutic riding instructors and are psychologists and physiotherapists. Trainees and volunteers aid during the lesson as leaders or side walkers. Ippostirixi owns 3 horses that have gone through a solid training as therapeutic riding horses.

#### JTRA – Japan Therapeutic Riding Association

c/o Iwai Medical Foundation 3-17-6 Higashi-Shinagawa-ku Tokyo 140-0002 JAPAN Contact: Seiji Miyasaka Phone: 81-3-3565-6641 Email: office@jtranet.jp Website: www. jtranet.jp



The Japan Therapeutic Riding Association was established as a Japanese non-profit organization in March 2007, followed by the certification by the Governor of Tokyo Metropolitan Government where the principal office of the Association is located.

The aims and purposes of the organization and membership include establishing and promoting sound development of therapeutic riding in Japan through activities such as the following:

- developing the practical methods of therapeutic riding
- evaluating the effects of therapeutic riding
- conducting practical seminars and public relations activities for therapeutic riding



- coordinating and collaborating with domestic and international associations concerning therapeutic riding
- breeding, raising and training of horses that are used for therapeutic riding
- training the staff for therapeutic riding
- introducing reference books, DVDs, tack and other materials used for therapeutic riding

# KATH – Korean Academy of Therapeutic Horsemanship (RDA - Korea)

364, Gunpo-ro, Gunpo-si, Gyeonggi-do SOUTH KOREA Contact: Amy Ji Young Lee Phone: 82-31-461-6637 Email: kathkr2013@gmail.com Website: www.kath.kr



The Korean Academy of Therapeutic Horsemanship promotes and advocates professionalism and scientific approach in equine-assisted activities and therapies by providing variety educational opportunities and events.

Main activities:

- Promoting the academic and research activities related to therapeutic horsemanship
- Development and propagation of professional training and education
- Establishing friendship between members and with governmental and nongovernmental organizations
- Improving public awareness

We are dedicated to improve health and to enhance the quality of life for mankind through the provision of the state-of-the-art patient care, clinical research and education.

#### LAPO – Italian Association of Families, Bodies and Professions against Neurological and Psychiatric Diseases in Childhood and Adolescence

Via Antonio Susini n.14 50125 Firenze ITALY Contact: Prof. Anna Pasquinelli Phone: 39- 347.5398994 Fax: 39-55.4298432 Email: anna.pasquinelli@unifi.it; associazione-lapo@gmail.it Website: www.associazione-lapo.it



The Italian Association of Families, Bodies and Professions against Neurological and Psychiatric Diseases in Childhood and Adolescence (LAPO) was co-founded by Prof. Massimo Papini and Prof. Anna Pasquinelli. Its activities within the area of Therapeutic Riding focus specifically on the "Section for Study, Updating, Research in TR and Sport Riding for the Disabled". LAPO is responsible for organisation, information, professional advice, and supervision of therapeutic riding centres in Italy and maintains contacts with professional associations, public institutions, administrative and legislative bodies, and the National Equestrian Sport Federation. The association organizes congresses, conferences and workshops on therapeutic riding.

In collaboration with the Chair of Child Neuropsychiatry of the University of Florence LAPO developed the *University Curriculum in TR for Post-Graduate Physicians in Child Neuropsychiatry* (1995) and, in 1996, founded the Italian *Study Group on TR*, a multi-professional group with scientific goals which meets twice a year. LAPO also developed a *Theoretical/Practical Training Course in TR* in 1997 and a *University Master in TR* in 2002/2003.

LAPO promotes and contributes to the study, research and scientific experimentation on therapeutic riding and has, in collaboration with the University, developed a *TR Neuromotor Disorders Assessment Scale* for the quantitative assessment of the results on horseback and on the ground as well as a definition of the guidelines for therapeutic riding activities in a therapeutic riding centre. Published books include *Practical Principles of Therapeutic Riding* (1996) and a *Handbook of Therapeutic Riding: Principles, Methodology, Organisation* (2009; in press the English version in 2016). LAPO also provide a bibliography on therapeutic riding and technical aids for riding with disabled riders (Hippotherapy saddle "Elisa 2").

# Let's Run (formerly RDA-KRA)

Gyeongmagongwon-Daero 107 Gwacheon-si Gyeonggi-do 427-711 SOUTH KOREA Contact: Kim Soo Hyeon Phone: 82 2 509 2149 Email: kra1064@kra.co.kr Website: http://company.kra.co.kr/global/english/main



Let's Run (formerly RDA-KRA) joined HETI as a full member in August 2010 after three years of being an Associate member. The Korea Racing Authority (KRA) is a non-profit organization established by the KRA Law. It is the sole racing authority in Korea and is under the supervision of the Ministry for Food, Agriculture and Fisheries.



Let's Run's objectives are to authorize, operate horse racing and promote the equestrian industry in KOREA. One of the main objectives is to be a leading influence in charities and community services. Riding for the disabled is the main community service of Let's Run.

Let's Run started RD programming in 2005 (as KRA). At that time it was a pilot project because KRA had no access to a professional RD instructor or advisor here in Korea. Now, Let's Run has 2 RD instructors and one



of them is also an Occupational Therapist as well. In 2010 they are providing hippotherapy and therapeutic riding programs with 5 therapeutic riding ponies for 108 clients.

In addition, Let's Run strives to be a leader in disseminating RD in Korea. Let's Run has hosted several PATH INTL. workshops & certification courses in the last 3 years. Many people are interested in this field and Let's Run wants to ensure that RD instructors have access to knowledge, practical experience and safety awareness.

# National Federation of Therapeutic Riding (Russia)

Weschnikowskoje House 1, 1, App155 Moscow 111402 RUSSIA Contact: Alexander Ivanovich Denisenkov Phone: 8-903-187-49-42 Email: rider960@yandex.ru



The National Federation of Therapeutic Riding is a community of people who've dedicated themselves to implement therapeutic horse-riding methods in Russia. To ensure TR receives the recognition it deserves and its rightful place among the rehabilitation areas, the Federation works to create conditions for the development and dissemination of equestrian sport for disabled individuals.



The National Federation of Therapeutic Riding and Equestrian Sport for People with Disabilities (NF of TR & ESPD) was founded on 8 November 1997 by the participants of the II International All-Russian Hippotherapeutic Conference and was officially registered on March 4, 1999.

The Federation organizes the preparation of TR instructors and specialists in Equestrian Sports for People with Disabilities (trainers, sport judges, physician classifiers, etc.). From 1994 to 2002 NF of TR & ESPD, together with the specialists of Georgian

Medical Academy, prepared 122 specialists. The specialists received the international certificate of "TR and hippotherapy trainer in physical rehabilitation system".

Since 2003, the National Federation in conjunction with the Department of Preventive Medicine of FRQHW (Faculty of Raising Qualification of Health-care Workers) PFUR runs educational cycles "Urgent problems of complex rehabilitation of patients with disabilities based on TR&ESPD". More than 500 TR&ESPD specialists have been prepared over 12 years.

# Norwegian Physiotherapist Association

Norsk Fysioterapeut Forbund/Norwegian Physiotherapist Association Post Boks 2704 St. Hanshaugen N- 0131 Oslo NORWAY Contact: Kari Liavag - Phone: +47 9520 1707 Contact: Mette Grav - Phone: +47 9510 0325 Email: grav@broadpark.no Website: http://fysio.no/Forbundsforsiden/Organisasjon/Faggrupper/Ridefysioterapi/Om-faggruppen



Norwegian Physiotherapist Association, NPA, has more than 10.000 members, including the special interest group of riding physiotherapy with approximately 100 members. Scandinavian physiotherapists started using horses for therapy at the beginning of the 19th century. At present the Norwegian Physiotherapist Association offers a 100 hours continuous education program in therapeutic riding for physiotherapists who can document sufficient riding skills (beginners FEI level, Lett B Norwegian Equestrian Federation level) and horsemanship, e.g. The Norwegian Horse Centre's horsemanship courses for physiotherapist.

Riding physiotherapy is part of ordinary health care treatment in Norway, and patients need an approved referral from a physician/GP. Riding physiotherapy is a group-based treatment with 30 minutes of mounted activities in each session. Individual treatment, 30-60 minutes, is optional. Groups are made up by 2-8 riders, depending on needs. Walking assistants are used when necessary, e.g. horse handlers or next of kin. The National Insurance system reimburses patients for 30 therapeutic riding sessions a year, covering 30-50% of the cost. Other costs (stable fees, extra sessions) must be paid out of pocket.

The NPA riding physiotherapy interest group aim at encouraging research on therapeutic riding, to secure and enhance the quality of continuous education in therapeutic riding for physiotherapists, and to contribute to clinical and academic knowledge sharing. Acknowledging animal welfare is vital to further the practical and academic standing of riding physiotherapy.

# NZRDA – New Zealand Riding for the Disabled Association

Po Box 58110 Whitby Porirua, 5245 NEW ZEALAND Contact: Chris Hooper Phone: 64 4 234 6090 Fax: 64 4 234 6094 Email: admin@rda.org.nz Website: www.rda.org.nz



Riding for the Disabled was first established in New Zealand 50 years ago. NZRDA is the umbrella organisation for its 56 member groups located throughout New Zealand. They provide over 3,000 children and adults with an opportunity for enjoyment, therapy, rehabilitation, freedom, friendship, laughter, and



the achievement of independence and confidence with the help of the horse.

NZRDA offers advisory services, standardised training, and guides to the operational practices of its member groups. The RDA vision is: enhancing quality of life for those living with physical, intellectual, emotional and social changes. All RDA Groups are entities in their own right and offer a variety of services for their riders. RDA Groups offer individualised

programmes according to the needs of their riders, but in general the following fields are covered by the RDA movement in New Zealand:

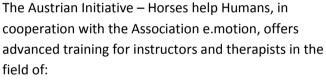
- Education- for riders with special needs, equine vocational training for high school students, as well as education and training for helpers, coaches and therapists.
- Therapeutic riding
- Rehabilitation
- Hippotherapy- NZRDA also offers qualifications for therapists and Horse handlers
- Interactive vaulting
- Psychotherapeutic riding
- Carriage driving, sport and recreation including support and assistance for Para-Equestrians, and Special Olympic riders.

#### Österreichische Initiative – Pferde helfen Menschen in cooperation with e.motion

An der Niederhaid 4 A-1140 Vienna AUSTRIA Contact: Gundula Hauser Phone: 43 699 11 555 884 Email: g.h.hauser@gmx.at Website: www.pferd-emotion.at







• "The Healing Language of Horses". These courses are supported by the University of Vienna, the Sigmund Freud University. E.motion did a lot of scientific work in this field that was filmed by ARTE and published by international broadcasters.

• Equine assisted Therapy (or THR) by "Systemic Pedagogic"

• Counselling with the help of the horse

Tuition is charged for the courses and the courses are usually given in German, when necessary also in English. A certificate is always issued at the conclusion of the courses.

# OHI – Organisationen för Hästunderstödda Insatser

c/o Tillberg Hjalmar Olsons v 16 134 40 Gustavsberg SWEDEN Contact: Pia Tillberg, chairperson Phone: 46 70 403 71 09 Email: kontakt@ohi.nu Website: www.ohi.nu



OHI, the Swedish Organisation for Equine Assisted Interventions (former IRT) was founded in 1994. It is a nonprofit organization. OHI is a nationwide association and its full members are medical doctors, physiotherapists, occupational therapists, psychologists, nurses, psychotherapists, speech therapists, social workers and special education teachers. The organization is also open for anyone to join as an associated member.





The OHI Newsletter is distributed four times a year. It contains information about courses, conferences and other material of interest.

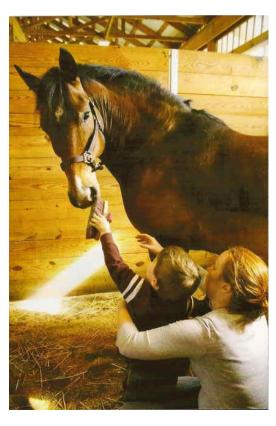
OHI supports and conducts courses in equine assisted interventions. Since 2009 members have been able to apply for certification according to national standards and qualifications in regard to EAI and general knowledge of horses.

# PACTH – Pennsylvania Council on Therapeutic Horsemanship

346 Briar Lane Chambersburg, PA 17201 USA Contact: Ann O'Shallie Phone: 717 552-1628 Email: aoshallie@comcast.net Website: www.pacth.org



PACTH's mission is to provide mentoring, education, and certification in the field of Equine Assisted Activities and Therapy (EAAT).



The Pennsylvania Council on Therapeutic Horsemanship (PACTH) is a coordinating council serving therapeutic horsemanship programs and the participants, instructors, volunteers and administrators who are involved in these programs.

Founded in 1984 by Penn State University, Pennsylvania State 4-H and the Pennsylvania Easter Seal Society, the PACTH has a long history of support to the profession of therapeutic horsemanship through the following:

- Workshops & Seminars
- Pennsylvania Qualified Instructor Training Course (PQI)
- Annual Conference
- Networking opportunities
- Start-up Information
- Newsletter
- Exhibits at Public Functions
- State Host for PATH INTL. Region II Conference

#### PATH International – Professional Association of Therapeutic Horsemanship International

P.O. Box 33150, Denver, CO 80233 USA Contact: Kathy Alm Phone: 303 452-1212 Email: kalm@pathintl.org Website: www.pathintl.org



Professional Association of Therapeutic Horsemanship International

The Professional Association of Therapeutic Horsemanship International (PATH Intl.) was founded in 1969 as the North American Riding for the Handicapped Association to change and enrich lives by promoting



excellence in equine assisted activities. Since its formation the association is no longer limited to North America; members provide many services in addition to therapeutic riding; and an infinite number of special needs, thankfully no longer thought of as handicaps, are known to benefit from the power of the horse.

With over 860 member centers and nearly 4,700 certified professionals around the globe, 61,832 children and adults find physical and mental well-being plus a sense

of independence through involvement with equines. In addition to therapeutic riding, a center may offer any number of equine assisted activities including hippotherapy, equine facilitated mental health and psychotherapy, driving, interactive vaulting, trail riding, competition, ground work, and stable management.

Through a variety of educational resources and member benefits (including an annual educational conference which attracts 800 attendees from around the globe) the association helps individuals start and maintain successful programs. With more than 55,300 volunteers, nearly 4,700 certified instructors and professionals, 7,672 equines and thousands of contributors from all over the world PATH Intl. inspires and enriches the human spirit.

# **PHA – Polish Hippotherapeutic Association**

100 Nowoursynowska St. 02-797 Warsaw POLAND Contact: Anna Struminska Phone/Fax: 48 22 59 31 900 Email: biuro@pthip.org.pl Website: www.pthip.org.pl



The Polish Hippotherapeutic Association (PHA) was founded in 1992 and has been a member of HETI since 1999. The Society was established by doctors, therapists and horsemanship instructors who since the 80's engaged in

introducing hippotherapy into the rehabilitation of people with disabilities, especially for children with cerebral palsy. In Poland, the word hippotherapy defines all therapeutic activities associated with horses and riding, therefore PHA offers not only physiotherapy with the horse but also therapeutic riding and even recreation and horsemanship sports for people with disabilities.

The mission of PHA includes:

- supporting and promoting hippotherapy as a rehabilitation method
- supporting and promoting hippotherapy as beneficial within a pedagogic, psychotherapeutic and sociotherapeutic context
- improving and unifying hippotherapists' skills
- providing members access to professional literature and information about hippotherapy's progress in Poland and abroad



The Association promotes the best hippotherapeutic centers by supporting them with their patronage and with individual organization or by lending patronage to events of hippotherapeutic organizations, such as conferences and training sessions. Specialists at PHA established a training program for hippotherapists and issued professional qualifications. 1612 people have been trained by that program since its inception in 1994. Experienced therapists from the Association also developed a set

of basic rules of conduct for hippotherapists, the Canon of Polish Hippotherapy. Furthermore, PHA publishes its own magazine, Hippotherapeutic Review, to promote professional, safe and responsible hippotherapy.

# PT-CH – Pferdegestützte Therapie Schweiz

Bergstrasse 77 5430 Wettingen SWITZERLAND Contact: Luz Sozzi Phone: +41 (56) 427 14 64 +41 (79) 442 95 58 Email: praesidium@sv-hpr.ch Website: www.sv-hpr.ch/de/Pferdegestuetzte-Therapie-1



PT-CH Horse-assisted Therapy Switzerland (Pferdegestützte Therapie Schweiz – PT-CH) was founded in 1985 as the Swiss Union for Therapeutic Riding (Schweizerische Vereinigung für Heilpädagogisches Reiten - SV-HPR) to promote among experts and the public the recognition of therapeutic riding. Main tasks of the PT-CH are:

- Coordinating and supporting the activities of its members and representing their interests.
- Offering the training of riding therapists, certified by the PT-CH (approx. 1000 Hours)
- regulating the training of riding therapists with the federal professional recognition as the goal.
- Promote training courses for its members in the field of horse-assisted activities and handling of horses.
- Promoting animal training and breeding of horses for therapeutic use. To that end the PT-CH awards a plaque to quality model stables in recognition of their work in the service of people with disabilities.



PT-CH is a member of the Federation of Horses in Education and Therapy International (HETI).

#### Qi Zhi Vocational Training Center (The Therapeutic Riding Centre of Taiwan)

77 Yu-Ying Road Zhongli, Taoyuan County 32057 Taiwan Contact: Wanda Wang Phone: +8863/4627912 Email: thwang@thrct.org.tw Website: www.thrct.org.tw





Qi Zhi Vocational Training Center has been founded in 1977 and is providing community-based residential services and employment services for mentally challenged people.

The Therapeutic Riding Centre of Taiwan (ThRCT) was established under the organization in 2004. It provides Equine Assisted Education and Rehabilitation for physically and mentally challenged

persons of all ages. The program includes individual classes, group classes, outings for resource classes, riding camps, training of competitive riders, competitions for mentally and physically challenged riders and international exchange. Three of Qi Zhi's service receivers are currently working at the stable.

A first group of instructors was certified by HETI in 2013. There are also two AHA trained physiotherapists working at the centre.

Every second year the annual "Hope Cup" is held as an International Competition for Physically and Mentally Challenged Novice Riders from the Asian-Pacific Region. The next international Hope Cup is planned for 2017.



Qi Zhi was part of the organization team of the 2015 HETI Congress in Taiwan. The hard work of its staff and volunteers were the key to the success of the Congress.

## RDA – Riding for the Disabled Association Hongkong

Lot 45 Lung Mun Rd. Tuen Mun, N.T. HONG KONG SAR Contact: Apple Wong Phone: (852) 2454 9961 Fax: (852) 2465 5914, Email: info@rda.org.hk Website: www.rda.org.hk



Riding for the Disabled Association Ltd. (RDA) was founded in Hong Kong in 1975 by the then Governor's wife, Lady MacLehose. A non-profit organization, RDA provides riding instruction and other associated activities to adults and children with disabilities. Their aim is to teach these members of their community to ride a horse to the best of their ability and to learn to interact with the horse and each other. Currently, RDA has 20 horses and ponies. Each year, it offers 28 free weekly sessions for 36 weeks at 3 RDA Centers in Pokfulam, Tuen Mun and Lo Wu. Each session lasts for 45 minutes to an hour and accommodates 6 riders. In all, RDA offers in excess of 6,000 lessons per year. In addition there are lessons run for larger groups so that schools and other organizations can decide if riding would be beneficial.

Competitive riding is a more recent addition to RDA's offerings. Late in 2005, the Sports Sub Committee of the RDA General Committee was formed with a mission to find and train Para Equestrians for competition in local, regional, international and the Paralympics. Currently, RDA has identified a few young athletes who have potential and provides regular training to these young athletes, working towards having them compete in local shows and hopefully international competitions in the future.



#### RDA – Riding for the Disabled Association Ireland

97 Sandyford Downs Sandyford Village, Dublin D18 R2F9 IRELAND Contact: Dilys Lindsay Phone: 353 86 8146898 Email: rdaisecretary@eircom.net Website: www.rdai.org





RDA Ireland, founded in 1969, is a voluntary organisation providing opportunities for riding and carriage driving to people with intellectual or physical disabilities. The main focus of RDA Ireland is to broaden the physical, intellectual and social horizons of people with special needs.

At present, more than 55 voluntary groups nationally provide weekly lessons to over 700 disabled people. There are classes for riders and drivers of all ages, abilities and disabilities. Funds to run the groups are raised at the national and local level. Groups meet in local equestrian centres with good wheelchair access and horses suitable for teaching a sport on horseback to a disabled person. Each group has its own committee, organiser, riding instructor and therapist (where available) and a number of volunteers and RDAI values the tremendous voluntary commitment of over 600 people.

The Council of RDAI coordinates all this activity, arranges insurance, fundraising and publicity. The Training Committee runs local and national Training Days for helpers, instructors and therapists.

Carriage drivers compete locally and at national events in Punchestown and Dublin International Horse Show. They also travel to compete internationally, including European and World Championships. The highlight of the year for our riders is the RDS in August – venue for the Dublin International Horse Show, where eight riders are chosen from around the country to take part in a trail ride, watched by their families, friends and group members. On that day, they are just as important as every other rider who qualifies to compete in the Dublin International Horse Show. Every year RDAI hold their National AGM and Conference at a different location around the country. Volunteers and some riders attend this event, at which awards are presented to the Rider of the Year and the Volunteer of the Year, as well as long service awards for helpers and ponies/horses.

#### RDA – Riding for the Disabled Association Japan

2-21-1 Utsukushigaoka nishi, Aoba-ku, Yokohama City, Kanagawa 225-0001 JAPAN Contact: Ms. Kiginu Nakata Phone: +81 80 6519 7818 Email: rda@rdajapan.com Website: www.rdajapan.com



RDA Japan is a certified non-profit organization which promotes and supports safe riding and activities with the horse for people with disabilities in order to improve their quality of life. For this purpose, they

- organize workshops and seminars on therapeutic riding and equine issues, as well as on welfare of horses
- offer training courses for instructors, volunteer helpers and therapists
- support unit-groups to improve their activities
- assist new groups in their start-up phase
- send qualified instructors to RDA-related activities
- provide support to groups through our network of therapists
- engage in international exchange
- promote awareness of the general public on equine-assisted activities



At the 2010 unit meeting, the members will come together to share their experience and discuss topics of common interests. This year's main theme is safety. For the second half of the year the Instructor's Certificate Test is being planned and RDA looks forward to welcoming new instructors. Another important task this year is to strengthen the ties with other organizations and cooperate in promoting therapeutic riding in our country.

#### 2015/16 HETI Membership Directory

#### RDA – Riding for the Disabled Association UK

Norfolk House 1 Tournament Court Edgehill Drive Warwick CV34 6LG UNITED KINGDOM Contact: Mrs. Julie Dargie Phone: +44 (0)845 658 1082 Email: info@rda.org.uk Website: www.rda.org.uk



RDA has spent 40 years delivering opportunities for therapy, achievement and enjoyment to people with disabilities. Founded as a national organisation in 1969, RDA now has 500 member groups across the UK – together, these groups help 28,000 people to take part in riding, carriage driving and vaulting activities.

Although set up to work with people with physical disabilities, RDA Groups now work across the spectrum of disabilities, as well as age range, social status and urban and rural environments. The focus of RDA's work is to ensure that each individual derives a direct therapeutic benefit and has the opportunity to achieve their



personal goal (whether that be learning a very simple skill or winning a major competition).

RDA gives clients the opportunity to:

- Reach therapeutic goals
- Achieve their personal ambitions
- Combat social isolation
- Develop life skills
- Experience the outdoors
- Connect with animals

Although the current level of service delivery is impressive, there are many more people who merit help and support. Currently, RDA does not fully meet the increasing demand as the vast majority of RDA Groups are reporting a waiting list. RDA's focus, therefore, is on increasing capacity to serve even more clients.

#### RDAA – Riding for the Disabled Association of Australia Ltd

PO Box 310 Torrensville SA 5031 AUSTRALIA Contact: Theresa Moore Phone: 61 (0)8 8354 4555 Fax: 61 (0)8 8354 4777 Email: admin@rda.org.au Website: www.rda.org.au



Riding for the Disabled Association Australia (RDAA) is a nonprofit organisation which provides opportunities for anyone with a disability to enjoy safe, healthy, stimulating, therapeutic, horse-related activities. RDAA develops ability and enriches lives through specialised programs and relationships with horses. RDAA:

- is the federal body of 7 autonomous RDA member states and territories in Australia;
- acts as a national body and resource for its member states and territories to access accreditation, education and insurance;
- encourages national links between the 7 affiliated states and territories offering therapeutic riding, driving and equine related activities;
- is actively involved in establishing national policies and standards to ensure excellence in service delivery of RDA programs across the country;
- liaises with government and industry on national issues;
- leads in equine matters related to therapeutic riding;
- plays a significant role as a member of the Federation of Horses in Education and Therapy International (HETI)
- promotes elite athletes at all levels



From its mission statement: "RDA enables people with disabilities throughout Australia to experience enjoyment, challenge and a sense of achievement through participation in equestrian activities to improve their quality of life, attain personal goals and develop life skills."

## SARDA – South African Riding for the Disabled

P.O. Box 235 Constantia, 7848, Western Cape SOUTH AFRICA Contact: Belinda Thom-Bain Phone: 27 82 449 5176 Email: national@sarda.co.za Website: www.sarda.co.za



South Africa is a beautiful and diverse country; 1,2 million square kilometres in size with a population of about fifty million. Well known for its sunny climate, magnificent scenery and of course Madiba (Nelson Mandela), this year South Africa was the first ever African nation to host the soccer world cup.

South Africa's population is multicultural and multiracial and the 400 plus riders that visit SARDA's six facilities each week are drawn from all groups. To ensure that riding is available to all there is no charge for any of the sport riding and riding skills classes offered. Despite a rigorous instructor qualification process SARDA's twenty-five instructors, along with many helpers, work on a voluntary basis. SARDA employs only



eight staff members. Development of PARA riders falls under SARDA's umbrella as well and in November 2009, the Cape Town branch hosted the first ever FEI 3\* event held in South Africa. Thanks to a generously awarded scholarship, SARDA is now also instrumental in the setting up and running of an Equine Assisted Activities & Hippotherapy Association.

As a Third World country South Africa has a small tax base so no government financial support is available. SARDA is a registered non-profit organisation and

keep their riders in the saddle thanks to fund raising efforts, generosity of the public and sympathetic donors.

### 2015/16 HETI Membership Directory

### SRT – Finnish Association of Equine Facilitated Therapies

Välitalontie 11 87850 Paltaniemi FINLAND Contact: Sanna Mattila-Rautiainen Phone: 358 41 454 2428 Email: sanna.mattila@saunalahti.fi Website: www.suomenratsastusterapeutit.net





The Finnish Association of Equine Facilitated Therapies - SRT was founded in 2000. It serves as a link between its members, attends to their interests and the interests pertaining to the field of Equine Facilitated Therapies in general. One of SRT's goals is to help its members to continually improve their professional skills and knowledge through courses and lectures. The association provides guidelines to the quality, ethics and practice in Finland. They have created an active

national and international cooperation with other organizations that share related interests.

A training program started in Finland in 1988. The training is completed in approximately three years. The

entrance requirements to the training are a college degree in a health care profession, pedagogy or social sciences and two years work experience in the field of rehabilitation after graduation. Good horsemanship and riding skills are required. As part of the training program in 2013 a new course starts in Hevosopisto Equine College, carried out with University of Turku and supervised by the Association of Finnish Riding Therapists.

SRT has also created an active national and international cooperation with other organizations that share related interests in therapeutic riding. The Association of Finnish Riding Therapists has been a full member of HETI since 2002. 2010-2012 it was a silent partner to EU funded Hippotherapy- Shared Learning Opportunities created between Hevosopisto Equine College with ACPTR U.K. and the Polish Hippotherapeutic Association.



### 2015/16 HETI Membership Directory

## TRAG – Therapeutic Riding Association of Greece

P. Kanellopoulou 10 Goudi 11527 Athens GREECE Contact: Dimitra Karouzaki Phone/Fax: 0030 210 7488566 Email: triding@otenet.gr Website: www.trag.gr







The Therapeutic Riding Association of Greece (T.R.A.G.) was founded in 1992 as a voluntary and nongovernmental organization. A year later, it acquired its athletic identity. In 2004, TRAG obtained its own center of riding for people with specials needs in Goudi, Athens. Its board of directors consists of 7 members who all are volunteers. It is elected every 4 years after the general assembly and is voted on by the members of the Association.

The workforce of the Association consists of seven people and nine horses and the Association offers services to over 150 clients weekly. This wouldn't be possible without the help of more than 70 volunteers (Greek and EVS volunteers from different countries) and of course many known and unknown sponsors who have been supporting the Association from its very beginning.

Within the bounds of increasing progress and improvement, Therapeutic Riding Association of Greece introduces its collaboration with the German Association of Therapeutic Riding, Deutsches Kuratorium für Therapeutisches Reiten e.V. (DKThR), for certification as Specialist for psycho-educational therapy with horses (DKThR/TRAG). Everyone can find more information in

www.trag.gr or contact us at triding@otenet.gr or 00302107488566. Our mission is to offer quality and safe Therapeutic Riding sessions to as many people with disabilities as possible and also train therapeutic riding instructors in order to expand Therapeutic Riding as a method of rehabilitation all over Greece.

#### **Turkish Equestrian Federation**

Poligon Caddesi No 4 Sarıyer / Istanbul 3446 TURKEY Contact: Ms. Yasemin Inan Tel: 90 532 277 2057 Email: yaseminan@hotmail.com Website: www.binicilik.org



The Turkish Equestrian Federation has a PATH Intl. certified instructor giving adaptive riding lessons in one of their clubs. Under the project name 'My horse,my wing', they are working hard to apply the regulations and rules of adaptive riding and hippotherapy based on international standarts to raise new riders for the paraolympics.

They have signed a protocol for the project with one of their sports clubs on the 3rd of December, the International Day of People with Disabilities. The name of this sports club is Galatasaray and the website of this club is www.galatasaray.org. Galatasaray is particularly important for the federation because the club is their first sponsor for the project. The club is particularly well known for its football team, but as a large club it is dealing with many areas of sports including riding. To that end, the president of the club had his picture taken on that day with the children and horses to demonstrate the importance of adaptive riding and hippotheraphy.



### 2015/16 HETI Membership Directory

#### WITH – Welsh Institute of Therapeutic Horsemanship

Pen Y Trip Farm Treflys Porthmadog Gwynedd LL49 9YL UNITED KINGDOM Contact: Iain Crosbie, Director of Operations Phone: +44 (0)1766 512 026 Email: info@therapeutichorsemanship.org



Website: www.therapeutichorsemanship.org

WITH helps disadvantaged young people to develop confidence and communication skills through working on the ground with horses as well as providing training in the field, promoting standards and establishing a network of approved centres. We work with young people aged 8-25 from across North Wales, many of whom face multiple disadvantages and might never normally have the opportunity to spend time around



horses. All our services are provided free of charge.

**The Penytrip Project** – Through helping to rehabilitate a rescued horse, young people learn patience, empathy and the value of hard work, gaining a set of practical and 'soft' skills that will enhance their future prospects.

**The Starfish Project** – tackles the issue of truancy, low school attendance and exclusion from education using Therapeutic Horsemanship sessions and outdoor education.

**Saturday Club** – Participants learn how to train and care for horses, take part in Forest School activities, horse agility competitions, crafts, quizzes and treasure hunts. It is a great way for young people to meet new like-minded people, enjoy a shared interest, socialise and continue to build their confidence and communication skills in a safe, supportive environment.

**Young Volunteers Scheme** – Participants are supported to volunteer at WITH in order to gain inter-personal and practical skills that will enhance their future chances of employment and further education.



**Therapeutic Horsemanship Practitioner Training** – Designed to equip potential practitioners with the basic knowledge and skills that they need to create their own groundwork-based equine programs which promote mental health and emotional well-being.

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# HETI Membership Directory 2015/16



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Equine Facilitated Psychotherapy Services, Training for Mental Health Professionals and for Equine Specialists with Marilyn Sokolof

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- PATH Certified Therapeutic Riding Instructor
- PATH Equine Specialist in Mental Health/Learning
- Clinical Director of HorseMpower, Inc.
- Past President of Equine Facilitated Mental Health Association

HORSE-ASSISTED PSYCHOTHERAPY WITH MARILYN SOKOLOF PHD

Info: www.unbridledtherapy.com • msokolof@aol.com

## British Horse Society, United Kingdom



With over 89,000 members, The British Horse Society is the UK's largest and most influential equestrian charity. We protect and promote the interests of all horses and those who care about them, including the 3.5 million people in the UK who ride or who drive a horse-drawn carriage, by

- Providing welfare services for horses and advice for owners
- Campaigning for and protecting equestrian rights of way
- Improving safety for horses, riders and carriage drivers
- Promoting riding for all

www.bhs.org.uk • 02476 840500 (join, renew or donate) • 02476 840517 (report a horse in distress)



## Gaits of Change, United States

Gaits of Change offers a variety of programs, workshops and consulting opportunities, customized to fit your specific needs. Focus is on education, good leadership, best practices and living the mission of the organization.

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## High Hopes Therapeutic Riding, Inc. Connecticut, United States

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## equinoterapiaarg Equinoterapia La Rioja, Argentina



Equinoterapiaarg offers a wealth of information on equine assisted activities in Argentina. Throughout the whole country – and spread across eleven provinces – there are many centers where the discipline of equine therapy is practiced. Almost 60 centers and their contact information can be accessed through this site.

www.equinoterapiaarg.com.ar

## Sunshine Coast, Queensland, Australia



Sunshine Coast Riding for the Disabled provides equine-based therapeutic and recreational riding and driving programs for the disability community on the Sunshine Coast, Queensland:

- Hippotherapy
- EAGALA and EAL programs
- recreational riding
- carriage driving
- para-equestrian training

#### www.sunshinecoastrda.com • admin@sunshinecoastrda.com

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