

**April 2025**  
**Alexandra Stergiou**



**Connect**  
**Communicate**  
**Collaborate**

JOIN US WITH YOUR QUESTIONS, COMMENTS, AND IDEAS

# HETI LIVE MONTHLY MEETING

MONTHLY ONLINE MEETINGS OPEN TO ALL MEMBERS

[HTTPS://HETIFEDERATION.ORG/HETI-ONLINE/](https://hetifederation.org/heti-online/)



**TIME** 

VARIABLE  
ACCOMODATING  
TO ALL TIME ZONES

**DATE** 

2ND WEEK OF  
A MONTH





**HETI LIVE**  
**MONTHLY MEETING**



# Equestrian Sport



**HETI LIVE  
MONTHLY MEETING**



***Special  
Olympics***



**Equestrian  
Sport**



- ✓ **FEI**
- ✓ **Special Olympics**
- ✓ **Virtus**





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- Para Driving and
- Para Dressage

at an international level, is under FEI (International Equestrian Federation) regulations.





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**for riders with physical impairment**

All athletes are classified according to their physical impairment.





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Paralympics every 4 years.

- Para Dressage (Paralympics)-5 Grades (I, II, III, IV, V)
- Para Driving (World Championships)-2 Grades (I, II)

If a rider has a physical impairment that can be classified, can start under FEI even if he/she also has an intellectual impairment.



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**Virtus is the global organisation that *governs – advocates – organises – promotes* elite sport for athletes with an intellectual impairment.**

Global Games are held every 4 years.

<https://www.virtus.sport>



## Para Dressage – 3 groups:

II-1: Athletes with intellectual impairment, IQ under 75, significant limitation in adaptive behavior, diagnosed before the age of 22

II-2: Athletes with intellectual impairment and significant additional impairment like Down Syndrome

II-3: Athletes with Autism (IQ 75 and over)







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***Special  
Olympics***



for riders with intellectual impairment  
who also can have physical impairment

World Games every 4 years



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Requirements similar to Virtus II-1, but IQ below 70

**Divisioning (Divisions should consist of 3-8 riders)**

Step 1: Rider Profile Form filled in by the SO Coach

Step 2: Preliminary Test (English Equitation) to separate riders into proper ability divisions.



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***Special  
Olympics***



Special Olympics Equestrian Athletes are graded on ability

- CS Walk with leader / side walker (S: Support)
- CI Walk independent (I: Independent)
- BS Trot with leader / side walker
- BI Trot independent
- A Canter

***Special  
Olympics***



## English Style Events

Dressage

Prix Caprilli

Equitation Jumping

English Equitation (required as preliminary test)

Working Trails

Showmanship at Halter/Bridle Classes

Gymkhana Events :

a. Pole Bending

b. Team Relays

c. Concepts of Riding – Gymkhana Event for CS and BS riders

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Drill Teams of twos and fours

Unified Sports Team Relays

Unified Sports Drill Teams



	Special Olympics Equestrian	Virtus Para Equestrian
Philosophy	Sport for all, everybody should get a chance	Elite Sport High Performance (Using FEI Tests)
Divisions	Athletes ride according to their ability.	Athletes have to be able to ride the test that are requested in their eligibility groups (II-1, II-2, II-3)
Competitions	Organized by National and International SO	Organized by or under Virtus or sanctioned by Virtus
Disciplines	Different disciplines to choose from (Dressage, Jumping, Gymkhana...including team relays)	Dressage Team Competition and Individual Competition
Qualification	Nations can choose the riders according to their own policies	Riders have to achieve a minimum of 58% twice in a video competition riding the Performance Tests in order to join the international live competitions
Horses	At World Games riders are competing on borrowed horses	On international level riders can bring their own horses, but borrowed horses are provided. Riders on own horses get a score deduction for fairness.
Equipment	Auxiliary reins allowed	No auxiliary reins
Restrictions	Riders can join the SO Summer Games (World Games) only twice (everybody should get a chance to join once)	No limits regarding participation, except of their own performance

# Outcomes of the Sports round table on 18<sup>th</sup> HETI Congress, Budapest



## Information

1. Knowledge in 3 organizations

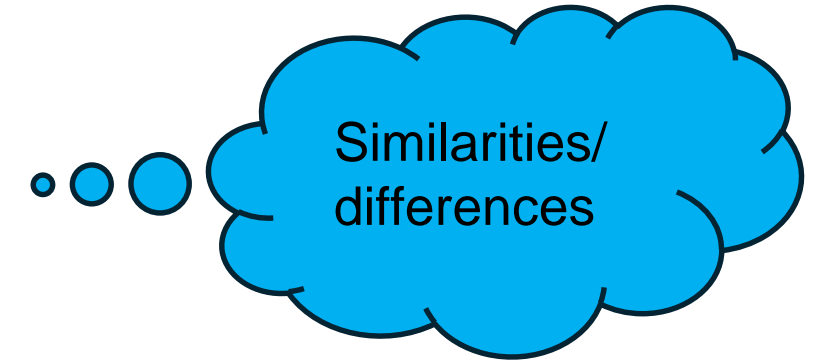
} Special Olympics, FEI, Virtus

2. Evaluation

} Physical – psychological

3. Online Clinics/Courses

} Teaching Judges, riding instructors, coaches



# HETI LIVE MONTHLY MEETING



How would you like to see HETI regarding Equestrian sports, how HETI can connect and cooperate?

Any specific goals regarding the HETI Sports Task force should aim for?



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## Contact Us

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For questions and further information.