

GLOBAL COLLABORATION

Q&A With HETI President Vera Lantelme-Faisan, MSc



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HOW DOES TREATMENT USING HIPPO THERAPY ALIGN WITH HETI'S INITIATIVES?

Hippotherapy fits naturally within HETI's broader mission of fostering excellence in equine-assisted services (EAS). As HETI celebrates its 50th anniversary, the core of its work is the commitment to connecting therapists, practitioners, and researchers worldwide to collaborate on evidence-based practices that benefit individuals with various needs.

HETI's focus on communicating and exchanging knowledge internationally ensures that the value of hippotherapy is recognized globally. Whether through international congresses or webinars, HETI facilitates a space for the EAS community to share insights, refine techniques, and advance the credibility of therapies like those that incorporate hippotherapy. This continuous dialogue ensures that hippotherapy evolves as part of a respected and effective global treatment framework, perfectly aligned with HETI's commitment to excellence.

HOW CAN HETI'S WORK SUPPORT THERAPISTS WHO INCLUDE HIPPO THERAPY IN THEIR TREATMENT PLANS?

HETI provides an invaluable support network for therapists who incorporate hippotherapy by creating opportunities to connect with other professionals and access the latest advancements in the field. The triennial HETI Congress, webinars, and ongoing communications offer insights into current research, innovations, and practices.

As a global hub for collaboration, HETI enables therapists to learn from peers, refine their approaches, and integrate the most up-to-date methods into their practice. For therapists looking to solidify their standing, HETI's work promoting the recognition of hippotherapy within healthcare systems and advocating for high standards strengthens the field's credibility. This support is not about dictating practice but communicating best practices that lead to more successful client outcomes.

WHAT HETI RESOURCES ARE AVAILABLE TO THERAPISTS WHO INCLUDE HIPPO THERAPY IN THEIR TREATMENT PLANS?

Therapists who join HETI gain access to a wealth of resources that support and enhance their work using hippotherapy. A key advantage is the opportunity to participate in the triennial HETI Congress. In this unique global forum, professionals come together to connect, exchange knowledge, and explore the latest developments in EAS.



In addition, HETI offers a variety of webinars and recorded sessions, available free to members, which cover a wide range of topics related to EAS. These events help therapists stay informed about the latest research and trends in hippotherapy, providing practical insights that can be directly applied to their work.

One of the most valuable resources is the *HETI Journal: International Research and Practice*, a double-blind peer-reviewed publication. For over 30 years, the journal has provided an extensive collection of research and case studies, making it the longest-running repository dedicated to EAS. Members benefit from free online access to this vast body of knowledge.

With member discounts for the HETI Congress and a platform for collaboration with therapists worldwide, HETI membership offers more than just access—it's about joining a global community striving towards shared goals. ◀

RESOURCES:

- <https://hetifederation.org/>
- <https://www.facebook.com/HETIFederation>
- <https://www.instagram.com/hetifederation/>
- <https://www.youtube.com/@hetifederation>